



Catta Talk

CATTA VERDERA COUNTRY CLUB

NOVEMBER 2020



Kevin Earl
General Manager

FROM THE GENERAL MANAGER

Greeting Catta Members, This has been a crazy & tumultuous year, to say the least. One thing I am sure of is when anyone was asked back in year

2015... 'Where do you see yourself in 5 years?', nobody answered that question correctly. Let's hit the fast forward button and get to 2021, but before we do that, I would like to highlight some of the positives around the club this year.

1. The club went fully private in January.
2. The club added 80+ new members over the last 12 months.
3. Two new ice machines were purchased
4. New golf cart fleet (80 new Club Car)
5. Over \$110,000 was re-invested into the irrigation system (still work to do)
6. Several forward & back tees were added or improved (more to do)
7. New tables for the Terrace have been ordered
8. Ceiling tiles (sound dampeners) have been installed with more to come
9. The advisory committee identified several smaller-scale projects and we got them done!
10. And finally, we purchased 3 new-is pieces of Turf equipment for the fairways, rough, and bunkers.

What is in store for the winter at Catta?

1. Verdera Gold/ Silver reciprocal program (see below for more details)

2. Drainage and leveling of fairways areas on both #14 & #15
3. Chipping green remodel to create level chipping/ hitting areas

There has been some talk about Members of Catta Verdera having better access, and pricing, to the 5 other courses under the Wilson Golf umbrella. (Empire Ranch, Apple Mountain, Teal Bend, Turkey Creek & Coyote Moon) The Verdera Gold/Silver program is slated to start December 1st. This program will allow you can choose either the silver or gold option and go play these other courses for the price of a cart fee. There is an optional monthly fee if you opt-into the program. The only difference is to the Gold includes Coyote Moon. More details like pricing and how many days out you can book a tee time are still being worked out. If you are interested go to the Cattaverdera.com website. Look under the "Golf" drop-down menu, and click on the Verdera Gold Information tab.

One final semi-not positive comment... Golfers as a friendly reminder, please tell your spouses, neighbors, or other non-golfers that the golf course is not a very safe place to use as an extension of their backyards. Bicycle riding, walking, and jogging are all very dangerous activities because of errant golf balls. Please pass this on and let's use the course as it is intended.

Grab your clubs and come out to the club.

See you in the fairway!

MONTHLY GUEST DAYS

3rd **TBD**
Friday
Men
NOVEMBER 20

3rd **9:00 AM**
Thursday
Ladies
NOVEMBER 19
TURKEY SHOOT





Catta Chatter



Thanksgiving Dinner To-Go Thursday, November 26th

Save time in the kitchen and spend more time with the family! Catta Verdera is doing the Thanksgiving To-Go Dinners again this year. The dinner includes a whole Roasted Turkey, Traditional Dressing, Mashed Potatoes and Gravy, Sweet Potato Casserole with Marshmallow Topping, Green Bean Casserole, Cranberry Chutney and a whole Pumpkin Pie. The cost of the dinner is \$120 and it will feed 6-8 people. The dinner can be picked up between 11:00am to 3:00pm.

Reservations are required and can be made at 645-6721 or jbraden@cattaverdera.com. Be sure to specify what time you would like to pick it up.

Thanksgiving Day Shotgun Thursday, November 26th ~ 9:00 am

Start Thanksgiving off on the course in the Thanksgiving Day shotgun. Shotgun start at 9:00 am. Sign up in the Golf Shop. No other play will be available on Thanksgiving day.

CVWG Turkey Shoot Thursday, November 19th

The Catta Verdera Women Golfer's continue the fun with this year's Turkey Shoot. Sign up as a twosome and let the Golf Shop or CVWG know if you need a partner. Lots of fun and everyone wins a prize!



Save the Date...

Red Solo Cup Tough Day Saturday, December 5th

This is a one of the best tournaments of the year. The course will be set-up "Tough"... Tees back, course pinned unfairly, scores outrageously high, rain or shine, Red Solo Cup in your hand! The format is Individual Net and Gross with Open, Guest, Senior, Women and Junior Flights. Keep an eye out for full details and be sure to sign up early!



Cookies with Santa Sunday, December 13th

This is a great family event that is free for members and their families. Please no outside guests. Bring the kids and come and make cookies with Santa.

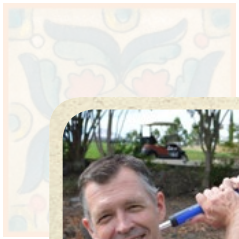
Men's Guest Day Friday, November 20th

The final Men's Guest Day for 2020 is upon us. Come out and make it a great day taking some time out of your busy schedule to enjoy the course.

New Year's Eve Party Thursday, December 31st

Ring in the New Year with a DJ, Dancing, Party Favors and a complimentary Champagne toast at midnight. Save the date for a fun night out!





Paul Shorts
Head Golf Professional

FROM THE HEAD GOLF PROFESSIONAL

Los Compadres Wrap-up

The 2020 extended version of Los Compadres was a huge success! Teams competed in seven, nine hole matches within their 8 team flight. The top teams from each flight then came together in a horserace to determine the champion. For the first time ever we birthed a 'wild-card' team into the championship horserace. The wild-card team was the team that got the most total points on day 3, but did not have enough total points to get into the horserace. That team this year was Richard Nanchy and his partner Chris Long. And believe it or not, just like a schmaltzy movie on the Hallmark channel would go, the team that was down and out was given a chance. They just squeaked in due to a generous wild-card birth. Then throughout the horserace, using grit determination and good old fashioned American grit and determination, they made it to the final hole, and took the championship in a sudden death chip-off. They were carried off the field on the shoulders of their fellow competitors who had been bitter they even made it that far, and then the town threw a ticker tape parade. That last part might have only been in the Hallmark movie version, but Richard Nanchy and Chris Long did indeed win the 2020 Los Compadres Fall Match Play Invitational. Congratulations to our well-deserved champions!

We've always felt and somewhat instinctively known that golf is intrinsically safe, but please, please, please be cognizant of our gathering and proximity to others after your round.



Golf thought for the month

I recently played a round of golf with some co-workers and having played very little this year, I struggled immensely. Sean Glynn was with me that day, and beat me by 8 or 9 strokes. On the drive home he commented that the only difference in our games was that he is really good at lying to himself. This is a strange and humorous way of saying that despite not playing as much golf as he'd like, and despite his game not being as sharp as he wishes it was, he commits to each shot just like a 'player' should, and then executes the swing with the purpose and freedom of a great player. Despite no longer being what he himself would consider a great player.

I was setting up to shots, trying to go through my pre-shot routine, committing to the shot, starting the swing with a purpose... and then midway through each swing, my subconscious would tell me "too bad you're not good anymore. This game was sure fun and easy when you were good. If you were still good this shot would go where you wanted. But you're not!" You may find it hard to believe, but that barrage of self-talk somewhere between mid-backswing and impact does not positively affect the outcome of the shot.

Think about this next time you're out playing and you find yourself making a weird swing... How often would you make that weird swing if you were just making practice swings with no ball to hit? - Probably not that often. So why did the weird swing happen when you were on the course hitting the shot? You were most likely setting up wrong for the shot, physically or mentally. Take some time when you're out practicing or just playing for fun, and grade how well you prepare for each shot; physically and mentally. Are you really giving yourself the best chance to make a good swing and hit the best shot you can? I know I wasn't! Have patience when you play and put in the time and effort before each shot to make sure you haven't predestined a bad golf shot because of bad decisions or preparation. Golf is hard and bad shots will still happen, just be sure you aren't creating them.





Catta Verdera Women Golfers

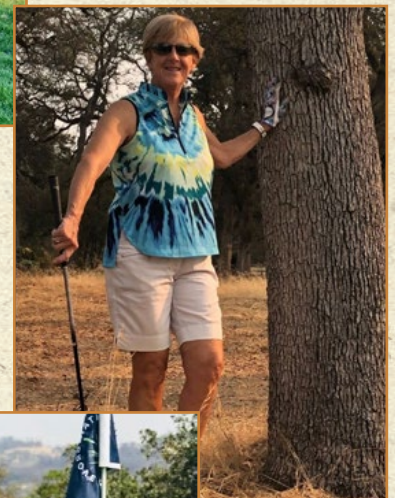


Solheim Cup Results

Congratulations the Blue Team on their Solheim Victory defeating the Red Team. The Blue team was captained by Megan Cohill and Linda Bunker. The Red Team was lead by Liz Barnard and Kathie Almassy. Thank you ladies for organizing this great event. We had a fantastic turnout and I know everyone had a great time.

Member Spotlight

Catta Verdera CC's membership has grown so much in the last several months that it is hard to recognize all the new faces. Our Women's Group is 111 strong which is so exciting. The Member Spotlight section of our CVWG newsletter will highlight members who have been at Catta Verdera for many years, members who have been here for several years and of course our newest members. Click on each picture to find out her name and her golfing background. Each month I will continue to highlight old and new members --YOU MAY BE NEXT.





CVWG Cont...

October Nine and Wine

A big thank you to Wil Schaefer for organizing and hosting the Wine and Dine Event in October. We had a great turnout and the scramble was enjoyed by all. Wil- thanks so much.

Membership: Pat Zimmerman 2021 Membership

2020 was a banner year for the Catta Verdera Women's Group. We are currently at 111 members. It is so great to see all the new faces around Catta Verdera. We hope to continue this trend into 2021.

2021 Annual Dues of \$75

Your dues will be billed to your account automatically by the end of the year.

Rule of the Month

Match Play: Now that more of our CVWG members have experienced Match Play, I thought that this would be a good time to explain how to score match play competition. I was scoring incorrectly myself, so I thought this would be a great article to read.

How Do I Score Match Play Golf?

Match play golf differs from stroke play in that one side or team plays another over the course of a round competing on each hole. Whichever golfer or team that holes the ball in the fewest number of strokes wins the respective hole. If handicaps are applied, the side or person with the lowest net score wins the hole. If a hole is tied during play, it is considered to be "halved" and the score remains the same. Match play concludes when one side leads the other by a total score greater than the number of holes remaining in the match.

List each person or side on a separate line or row on the score card. Unlike stroke play, match play scorekeeping maintains a record of the relative score of holes won between two sides independent of how many strokes are used to win the respective hole.

Enter "AS" for "All Square" if the relative score between the two sides is tied. For example, if the first hole in match play results in both sides scoring par on the hole, the score card would be annotated "AS" for each side.

Enter "+1" on row for the first team to win a hole and "-1" on the side that loses the hole. The overall score from this point forward will be the relative score between the two sides. If there are a large number of holes that are halved with one side ahead by one, the same score will be annotated until there is a relative score difference between the two team. If the score becomes tied, "AS" would then be annotated for each side.

Match play concludes if a side is ahead by more holes than are remaining in the round. For example, if one side is ahead by six with five holes remaining the match is over and the score is recorded as a win of "6 and 5."

Match play continues according to the tie-breaking procedures of the golf club or tournament if the overall score is "AS" at the conclusion of 18 holes.

Saturday Tournaments – Stacey Sommerhauser

Wow -once we got green light to resume Saturday play, Stacey has done an unbelievable job in organizing and getting so many CVWG members out to play. Your enthusiasm to get members involved and playing paid off as we had record numbers that signed up to participate in Saturday Play Days. Thanks Stacey

A CVWG General Meeting will be held at the conclusion of the Turkey Shoot. We will be voting for our 2021 CVWG Captain and Co-Captain. Our nomination is Michelle Helzer for Captain and Tina Paschke for Co-Captain. Michelle has done an amazing job as co-captain this year. Thank you Michelle and Tina for volunteering! Yay!!



CVWG Cont...

Upcoming 2020 Events:

- Senior club Championship ~ Nov. 10th - 11th
- Turkey Shoot ~ Nov. 19th - Teams of 2
- CVWG Recognition and Awards Event. December 8th 5pm -7pm. Details are fluid right now due to the increasing Virus in Placer County.

CVWG Webpage

All the CVWG information can be found on our Webpage. Don't forget to view this valuable webpage for any information you might need during the year.

CVWG LADIES ECLECTIC TOURNAMENT

-Andrea Berry

All EC cards must be turned in by November 7th in order to be counted.

CVWG Boo Shoot!

What a fantastic turn out for our Boo Shoot event. Everyone had a great time. A huge shout out to Jeanne Zaslove who organized and implemented this event. Fantastic job Jeanne. A huge thank you to all the great members who came in the day before the Boo Shoot and decorated the tables. The decorations on each table were great and added to the fun Halloween atmosphere.



Boo Shoot Costume Winners: Pictured above are Cheryl Dibachi, Claudia Doerhoff, Sibyl Meyers and Laura Faber dressed up as Ruth Bader Ginsburg. Great costume ladies.

Boo Shoot Results:

Zombie Flight:

1st Place: Arleen Wong, Michelle Inouye, Debbie Delzer, Nankyung Choo

2nd Place: Riye D'Ambra, Pam Palmieri, Lisa Wood, Jennifer Douglas

Ghost Flight:

1st Place: Lorraine Christensen, Sue Perry-Smith, Becky Clevenger, Tina Gilligan

2nd Place: Violeta Cristologo, Patricia Aton, Sandy Perrin, Karen Post

Goblin Flight:

1st Place: Laurinda Stoodly, Mary Dietrich, Trudy Havis, Lenny VanGundy

2nd Place: Diana Nyman, Paula Marsh, Mary Jane Kelly, Karen Eilert

TEE It UP WEDNESDAYS:

Another successful season of the Tee It Up program lead by Beth Hoblit has come and gone already. I want to thank Beth for all of her time and effort that went in every week to make this a fantastic and meaningful program. Beth has done an unbelievable job of making sure it was opened to everyone and making sure that ladies new to this sport were welcomed and had a positive experience. Beth, CVWG can not thank you enough for this program.

FABERS' FOOD FOR THOUGHT

Tips for Beginner/Intermediate Golfers: Each month I will highlight a tip or an aspect of golf philosophy for each of you to read.

Jan/Feb.: Club distances

March: If you get into trouble get out of trouble

April: Pre-shot routine

May: Golf Stress Free Zone

June: Realistic Expectations

July: Practice with a Purpose

August: The Art of Scrambling

September: Purchasing new Equipment

October: Play the Ball not the Final Score

November: Benefits of Playing Golf

December: ---



CVWG Cont...

Benefits of playing golf...

Nearly 2.2 million people started golfing in 2015 alone. With that many people hitting the course for the first time, it should be no surprise that there are some benefits to playing. For those who are still on the fence about wanting to play golf, we've gathered this list of nine reasons everyone should grab a set of clubs and grab a tee time. As you'll soon see, there's something for everyone when it comes to the great game of golf, so get ready to find out how this sport can benefit you. Keep reading to find out more!

1. GOOD EXERCISE

First and foremost, golf is good exercise. Not only do you spend a lot of time on your feet, but you also do a lot of walking. In fact, most courses will have you walking around 4 miles by the end, so you'll certainly get in your daily step goals.

2. BE IN THE GREAT OUTDOORS

When you play a round of golf, you'll spend that time outside. That means bringing plenty of sunscreen, but it also means you'll get the benefits that come with spending time outside. Some benefits of being outdoors include: Sleep better, Lower blood pressure, Decreased depression, Boost creative thinking, Less anxiety. Being in a beautiful location where you can take in nature like it's art certainly doesn't hurt, either!

3. MAKE NEW FRIENDS

While there's nothing wrong with playing golf with a friend, another benefit of playing golf is that you can make new friends. One of the easiest ways to do that is to head to the course alone. Let the clubhouse know you're willing to join others, and they'll be more than happy to set you up with other willing groups. Before you know it, you'll be heading out for a celebratory drink with a new friend or two.

4. CHALLENGE YOURSELF

Unlike many team sports, golf is personal. Most of the time, you play against yourself to try to beat your own previous record. This makes it a lot of fun to work hard and try to do better than the last time you played. Fortunately, there are many things you can do to improve your game, so you can keep learning and improving. As you get better, you can set new goals for yourself to knock more and more strokes off your score.

5. BUILD CHARACTER

Part of the challenge of golf is that it can be frustrating at times. However, we see this as an opportunity to build character. When you miss a putt or land in the sand trap for the third time, you have a choice to make. You can get upset which will likely make your game even worse, or you can take a deep breath and recognize that sometimes, life doesn't go as planned. In those quiet moments out on the

course, you also have the chance to see the bigger picture. Maybe you don't need to get so upset when your children make a mess in your home office or when your secretary forgets to make you copies.

6. WHOLE FAMILY ACTIVITY

Speaking of your kids, why not bring them along on your next golf outing? If they're old enough, they can get exercise with you by walking the course. If they're too young, then you can take a golf cart to help them out. You can get golf clubs in every size, shape, and color, so there's no reason to limit your kids' golf experiences to the putt-putt course. Let your whole family benefit from golfing and bond in the process.

7. IMPROVE BUSINESS RELATIONSHIPS

The best place to make that new business deal may be the golf course. Why? Simple. Golf is a game played by many businessmen. It should be no surprise since it's a great way to exercise and get out of the office for a while. If you're looking to improve your career, it might be time to take up golfing. There are a few ways you can use golf to improve your business relationships. First of all, you can take out colleagues or bosses out for a round. It's a great opportunity to enjoy each other's company and have a neutral location where it's easy to talk about anything. It can also help you make new business relationships.

8. RELAXATION

We briefly mentioned that being outdoors can help you ease anxiety, but this needs repeating as the game itself can also help you relax. This is particularly true if you're playing by yourself. When it's just you, your club, and the ball, it's easy to allow the rest of your problems slip away. You can focus only on the problem at hand, which is getting that ball into the hole. Sometimes, it's taking that time away from your problems in the office or at home that allows you to put things into perspective. Then, you can return with a refreshed mind and renewed resolve to calmly resolve problems.

9. BETTER HEALTH

All of these things put together will help you improve your health out on the golf course. The exercise you'll get and the time spent outside are both huge parts of it, but even improved relationships have a positive impact on your health. One other specific way golf improves your health is by allowing you to get the sunlight needed to get enough vitamin D. This essential vitamin is made in your body but is triggered by exposure to sunlight. Getting enough vitamin D may help you: Lower your risk of cancer, Boost your immune system, Help body absorb calcium to prevent bone loss. You only need about 15 minutes of sun exposure to gain these benefits, so a round of golf will give you plenty of vitamin D!





Ramiro Sena
Course Superintendent

Superintendent's Update

The weather has been absolutely crazy, as Fall is one of the most beautiful times of the year. It represents many things in the golf course, such as firmer playing ground. Finishing with most of the cultural practices on the turf and of course the Summer watering is behind us.

Is the need to irrigate on a daily basis really behind us?

It has been unseasonably warm this year versus other years. We typically do not irrigate daily in October or November. In fact, that why Placer County Water Agency chose to cut our water off now because it would be raining by now. However, this year is the exception. We have had to water daily and we don't have sufficient water in the storage ponds. Placer County water agency turns the water off from October 15 to November 21 to do their canal maintenance. Therefore, they do not supply us with any water during this period. However, being as warm as it has been puts us in compromising circumstances. We have had to make decisions on prioritizing what we water in order to keep it healthy. We hope for some rain, but we cannot operate hoping for the unknown. We are

focusing on greens, fairways, tees and practice tees due to their overseeding. We are compromising the driving range, roughs and surrounds with basically no water or just enough to have minimum turf loss unit end of November.

I have had a lot of support from some of the members who know our circumstances. They acknowledge and encourage us based on what they see. Please, feel free to ask us or voice your concerns you have about the course. My department is fully committed to our members and guests. We want you to enjoy the course during this great weather regardless of our water situation right now Unfortunately, the course isn't as green as you would like, but it plays shorter.

This nice weather will help us continue to improve the stressed areas by slicing, punching, amending and seeding them. Also, we will be doing some drainage throughout the course in order to improve the playing conditions.

We want to show our commitment to you. We want you to enjoy your course during this amazing Fall weather!

Thank you for your support! ~Your Turf Care Team

Calendar at a Glance - Club Events November 2020

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5 Ladies Day	6 Men's Member/Member	7 Men's Member/Member
8	9	10 Senior Club Championship	11 Senior Club Championship	12 Ladies Day	13	14 Ladies Saturday Play
15	16	17	18	19  Ladies Turkey Shoot	20 Men's Guest Day	21
22	23	24	25	26 Member 9am Shotgun Thanksgiving Dinner To-Go	27	28
29	30					Dec 5 CVCC Tough Day 

Coming in December...

Thursday, December 3rd
Ladies Day

Saturday, December 5th
Tough Day Tournament

Tuesday, December 8th
CVWG Awards Event

Thursday, December 10th
Ladies Day

Sunday, December 13th
Cookies with Santa

Thursday, December 17th
Ladies Day

Thursday, December 24th
Christmas Eve Dinner To-Go

Friday, December 25th
Christmas Day!

Thursday, December 31st
New Years Eve Party

CLUB STAFF

Kevin Earl x226
General Manager
Ram Sena x215
Golf Course Superintendent
Paul Shorts x202
Head Golf Professional
Jim Braden x205
Director of Food & Beverage
Keelan Glenn x207
Executive Chef
Yanti Jensen x206
Controller
Curtis Landa x213
Membership Director/Tournament Sales

PHONE NUMBERS

Clubhouse 916.645.7200
Fax 916.645.6729
Membership 916.645.6745
Events 916.645.6722
Quixote's 916.645.6742

HOURS OF OPERATION

Administrative Office
Tuesday through Friday
8:30 am - 4:30 pm

Golf Shop
Tuesday through Sunday
6:00 am - 6:00 pm
First Tee Time: 7:00 am

Range Hours
Tuesday through Sunday
6:30 am - 6:00 pm

Stables Grill
Tuesday through Sunday
10:00 am - 5:00 pm

Quixote's Members' Lounge
Tuesday 11:00 am - 6:00 pm
Wednesday 11:00 am - 8:00 pm
Thursday 11:00 am - 9:00 pm
Friday 11:00 am - 10:00 pm
Saturday 9:00 am - 10:00 pm
Sunday 9:00 am - 6:00 pm



**CATTA
VERDERA**
COUNTRY CLUB

Where everyone wants to be.