



Catta Talk

CATTA VERDERA COUNTRY CLUB

SEPTEMBER 2021



Kevin Earl
General Manager

FROM THE GENERAL MANAGER

Greeting Catta Members,
As we quickly turn the calendar to September...

Golf Course update:
Jogi and his crew have been working hard after some extreme

conditions stressed out many parts of the fairways in July and early August. When I drive around the course, I can see that the course is coming back. Our intentions and efforts are to get it back to the normal standards ASAP. The silver lining, if there is one, was the type of grass that checked out, was of the weakest annual variety, and when these bad areas fill back in, they will be: much stronger, look better and play a lot better too!

The last part of the bunker renovation project has not been hard-coded for completion.... yet! This project is still very high on our project list. The main issue or problem is, we don't want to close down a complete hole or convert it to a par 3 while we do the needed dirt work safely. If play does slow down (we are seeing a slight trend) then the hope is to complete the bunker project over the upcoming winter season.

Lastly, from the course standpoint, is the dreaded upcoming punching of the greens. In past years we have been able to call the other sister properties to arrange tee times for members still wanting to play. Unlike years past years.... other courses just don't have any open tee times. Golf has made its comeback for now. So, in advance, our sincere apologies, for the necessary evil, of playing on sanded greens for a while. Antidotally, if

we don't punch and sand the greens twice a year, then we most certainly will have weak turf conditions, or worse...unplayable greens down the road! I have been fortunate to open a brand-new facility, that skipped a fall aerification trying to maximize rounds, and we ended up punching in late December. These greens became unplayable because they were starving for air and nutrients. It's just a necessary evil for all golfers, especially this year!

Random Facts: I have looked up some startling numbers: California has had: 579,614 acres burned, 6,049 incidents, 400 structures damaged, and if there is a bit of good news....0 confirmed loss of life. Why state these numbers? As I stated last month, we should all be very grateful that we can play this great game and can be around our friends, during such crazy times!

Source: <https://www.fire.ca.gov/incidents/2021>

Food & Beverage Update: We have ordered and received 30+ more outside chairs as replacements for the ones that are past their prime. These new chairs will soon be assembled and put out for member use.... most likely after we punch and sand the greens.

As the weather changes and we move back indoors, let's hope that we can start getting together with friends and again spend our time telling golf stories and stop talking about smoke or ???? and we don't get interrupted by another shutdown.... darn almost made it!

See you in the fairway!

MONTHLY GUEST DAYS
1st Friday Men
1:00 PM
SEPTEMBER 3





Chatter



Rombauer Wine Dinner September 17th ~ 7:00 pm

Join us for an elegant evening of decadent food and fine wines from Rombauer Vineyards. Chef Keelan has designed an exquisite menu to pair with the wine varietals. The cost is \$75 per person and reservations are required. Reservations can be made at 645-6721 or at jbraden@cattaverdera.com. The dinner is open to members only and will sell out.



TUNES on the Terrace

Thursdays in September ~ 5:00 pm to 8:00 pm

Join us on the Terrace every Thursday and enjoy a different band and buffet each week, no reservations required. This is a fun night and a great way to meet new members, so come on down and join the fun.

Save the date...

Wine Tasting in Quixote's

October 22nd ~ 6:00 pm -8:00 pm | No reservations required.

Dinner with Comedian Turner Sparks

November 5th ~ The doors will open at 6:30pm with dinner and show to follow. Reservations will be required. More details to come...



September 9th, 10th & 11th

It's the summer of love for this year's Catta Bella Ladies Invitational! With 3 days of golf and a lot of fun, participants will have great memories to last a lifetime. The course is in great shape thanks to our Turf Care staff. As a reminder, the course will only be available to those ladies who are participating in the event. Good Luck to All!

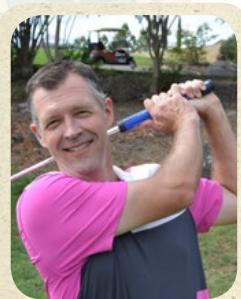


A huge thank you to all our sponsors for making this event a great one!

To Our Members:

As we continue to deal with COVID and the challenges that it creates, the Food & Beverage team here at CVCC asks that you remember that we are still not back to normal. The staffing issues, especially in the kitchen, continue and the supply chain is a mess. We are doing our best to make your experience as close to what it was before COVID. We appreciate the kind comments that many of you have shared and like you we will be very happy when this is all behind us. Thank you.





Paul Shorts
Head Golf Professional

FROM THE HEAD GOLF PROFESSIONAL

Do You 'Decide' to hit Bad Shots?

This is an article I wrote a few years ago, but with preparation for our Ladies Catta Bella (9/9 – 9/11) taking most of my time,

and the fact we have so many new members since I last published it, I decided it was important for you all to see again. :)

Whether doing video swing analysis, or simply videoing swings of golfers from varying abilities, I've noticed something that may shock you. Golfers of almost every ability, from scratch to 20+ handicaps, can make close to the same swing every time, when they are not hitting a golf ball; and most accomplished players can repeat a swing even when hitting a golf ball. Why then do weird swings suddenly come out of the blue, most often resulting in a bad shot. Let me add here that what you are about to read is purely theoretical, and has not yet been scientifically proven by experts smarter than me...

I believe the chief reason that amateur golfers make an occasional strange swing, (and the only reason that PGA golfers make a bad swing) is due to set-up. I'm defining set-up here as Alignment, Ball Position, Grip Position, Grip Pressure, and Decisiveness about the Shot. When any one of these things is off even slightly, you will have to make a compensation in your swing. This compensation will occasionally fix the error, but more often than not, the result will be a poor shot. The strange swing is not the cause of the poor shot, rather the strange swing was your subconscious effort to fix the poor shot that you caused when you took a poor grip, or put the ball in the wrong place, or aimed wrong, etc...

I remember years ago watching a Peter Kostis "Swing Vision" analysis of an errant drive hit by Tiger Woods. I know there have been many 'versions' of Tiger Woods, but I'm talking about the 18 or so years ago Tiger Woods who shocked us all each time he didn't win. Tiger had hit the ball into the woods right. Peter Kostis showed the slow motion replay of that drive, and

then another that Tiger had hit right down the middle. Kostis explained that the poor drive was hit well right because of a "dropped right shoulder", "hanging on with the hands", and "hips clearing too quickly". I was sitting there thinking "come on Kostis, you're telling me that Tiger Woods can make the exact same swing 1000 times in a row, and then all of the sudden, out of the blue, he makes an extremely different swing." I don't think so, not when the bogey golfers I work with can make essentially the same practice swing every time. The reason Tour players make an occasional strange swing is because they have something wrong with their set-up. Most likely for Tour Pros that error has to do with ball position or alignment. It could be the grip, but they work on their grips so diligently, that it is more likely one of the other two. I think the shot of Tigers probably went right because the ball was a little too far back in his stance; though there was no camera angle to confirm this.

The end result of this theory of mine is to inform you that you typically "decide" to hit a bad shot or make a bad swing before you actually set the club in motion. If you have any of the "set-up" essentials out of whack, you will have no option other than making a weird swing in order to attempt to correct your set-up error. Your only solution for this is to come up with a way to ensure you grip the club the same each time, aim correctly at your target, take the correct stance in relation to the ball location, and then, as important as all the physical set up components, you need to believe you are hitting the correct shot for the given scenario (even if you are not, at least believe that you are). This is all achieved through a pre-shot routine: that quick, simple checklist of things you do to prepare yourself to be able to make your normal, natural (just like your practice swing) swing at the golf ball.

Set up to your shot, commit to your shot, and much more often you'll find yourself hitting the shot you wanted to hit.





Catta Verdera Women Golfers

Message from Michelle Helzer, Captain

I hope everyone is doing well and managing the heavy, moving smoke in our area. I know our thoughts are with the many Firefighters and all those impacted by these horrific fires.

Congratulations to our Ladies Club Champion's Stacey Wiegandt for winning low gross and Liz Barnard for winning low net!!

As a reminder, please be sure to pick up your head-covers in the ladies locker room.

Looking forward to seeing most of you at Aloha Bella and those that are not playing, on the course!

~Michelle

SATURDAY Tournaments: Stacey Sommerhauser

A few reminders!! Next up is the Catta Bella Ladies Invitational on September 9, 10 and 11. Look forward to seeing all 128 members and guests out there.

Future Tournament Days: Catta Bella – September 9th – 11th; Solheim – October 2nd and 3rd; November Saturday Play Day – November 13th; December Saturday Play Day – December 18th.

Sierra Gold Team Play Update: Stacey Wiegandt

2021 Season has come to a close. Catta Verdera finished Tied for 3rd. Serrano had a significant lead most of the season and closed out the season as the overall winners. Thank you to all that participated!

We have selected the new CVWG Team shirt that will be used for the next 2 years. It is highly suggested that all CVWG members buy this shirt regardless if you participate in team play. CVWG wears these shirts throughout the year at various events and tournaments.

The line is with GG Blue - and the team shirt options are a Sleeveless, Long Sleeve Sun Shirt or a Skirt all in the same pattern.

Ordering details will be coming out shortly.

Email me with any questions!
stacey.wiegandt@gmail.com

August's Team Play Results!

Sierra Gold Team Play at Catta Verdera					
Tuesday, August 24th, 2021					
Northridge Country Club		Points	Winchester Country Club		Points
Group 1	Nancy Conroy Sandy Scrivano	6 $\frac{1}{2}$	Group 1	Mary Gill Mimi Scott	11 $\frac{1}{2}$
Group 2	Pam Bradley Kathie Smith	10	Group 2	Gill Brown Dorcas Reilly	8
Group 3	Debbie Carey Cindy Slagle	7	Group 3	Maggie Anderson Tari Bruce	11
Group 4	Linda Elliott Sandy Scott	9 $\frac{1}{2}$	Group 4	Lori Smith Deborah McGrath	8 $\frac{1}{2}$
Total Points Today		33	Total Points Today		39
Prior Points		141.5	Prior Points		142
Total		174 $\frac{1}{2}$	Total		181
Serrano Country Club		Points	Granite Bay Country Club		Points
Group 1	Carol Misso Margie Ford	10	Group 1	Liz Griffin Liz Reego	8
Group 2	Mary Weiser Julie Busch	8 $\frac{1}{2}$	Group 2	Heidi Harman Pam Alfin	9 $\frac{1}{2}$
Group 3	Chris Solich Mary Tanner	6 $\frac{1}{2}$	Group 3	Mary Awan Tina Gilligan	11 $\frac{1}{2}$
Group 4	Nadine Winn Loni Mellerup	10 $\frac{1}{2}$	Group 4	Youn Matthews Meaghan Hansen	7 $\frac{1}{2}$
Total Points Today		36 $\frac{1}{2}$	Total Points Today		36 $\frac{1}{2}$
Prior Points		150	Prior Points		140
Total		192 $\frac{1}{2}$	Total		176 $\frac{1}{2}$
Host Catta Verdera Country Club		Points Today	36		
Prior Points		140.5			
Total		176.5			

SOLHEIM CUP 2021 Liz Barnard, Chairperson

Ladies let's get ready for this fun annual event! For those not familiar, Solheim Cup consists of two teams: Team Red captained by Liz Barnard, and Team Blue captained by Lory Vasko. This event will be held on **October 2nd and 3rd** but you're eligible even if you can only play one of the days. We will have fun and different games each day. Solheim Cup is open for all levels of play and you don't want to miss it. Watch for upcoming sign-ups.

Have your Blue or Red ready!

CVWG Cont...

Co-Captain/Open Day Chairperson - Tina Paschke

WGANC Tournaments

Hopefully you ladies have taken the opportunity to play in some of the WGANC Tournaments and/or Open Days this year. If you haven't, there are still some opportunities to participate in upcoming WGANC Tournaments and Open Days.

WGANC Legacy Tournaments WGANC Legacy Hers 'N His Tournament

- October 27th & 28th ~
- Serrano Country Club and Sierra View Country Club.
- Registration opens September 13th; and, closes on September 27th

WGANC-Legacy 2-Person Scramble II Tournament

- November 1st & 2nd
- Bay Club Boulder Ridge (and possibly another course)
- Registration opens September 20th; and, closes on October 4th

WGANC Open Days

Peach Tree Golf & Country Club

- October 6th
- Registration opens September 8th; and, closes on September 27th

Diablo Country Club

- October 14th
- Registration opens September 13th; and, closes on October 4th

Visit the WGANC website @ <https://ncga.org/wganc-events/> for further details as information is updated regularly. If you have any questions or need assistance with registration, please contact Tina Paschke, Co-Captain/Open Day Chairperson.

Pick an event, grab a friend, register, and go represent Catta Verdera Women Golfers proudly!!

Thursday Ladies Play Day & Tee It Up Wednesday: Beth Hoblit

Thursday Ladies Day!

The Ladies Day is a shot gun start at 8:30 am. Come

on out and play a game, get a Summer EC Card done, and enjoy time with your friends!

Please Call the Pro Shop to Sign Up.

Tee It Up Wednesday!

Tee It Up Wednesday has a great September Schedule planned! It's our last month!

Back by Popular Demand! End of Season Tournament is a Couples Tournament September 22nd! This Tournament is for the Tee It Up Ladies who came this year and their significant others. Watch your email for announcements!

September Dates for Tee It Up!

- September 1st
- September 8th
- September 22nd

See you out on the Course!

New Membership: Riye D'Ambra

Please join me in giving a warm welcome to our newest members this month!

Melissa Lederer Debbie Newman

Debbie Clark Marta Spain

Also, be sure to Save the Date! One of most popular events the Fall Nine & Wine is October 17th. Another email for sign-ups will be coming out in September!

MEMBER SPOTLIGHT

The CVWG is happy to bring you the 2021 Member Spotlight. Click on the picture to find out more about our amazing member and her golfing background. Enjoy! If you want to nominate someone to be on our Member Spotlight; please email Editor; Susan Kolb: susan@susankolbsellshomes.com



The ins and outs of AERATION



Aeration: An essential practice that improves the long-term health and playability of golf courses

Size, Spacing & Depth

Tine Size

0.25- to 0.50-inch diameter typical for greens, can be up to 0.875-inch diameter

Tine Spacing

Usually 1-by-1-inch, 1-by-2-inch or 2-by-2-inch spacing

Depth

0.5-10 inches deep

Hollow Tines

Extract soil and remove thatch

- Removes thatch
- Long-lasting benefits
- Alleviates compaction
- Removes layering

Solid Tines

Penetrate ground, remove nothing

- Easy cleanup
- Fast healing
- Less labor
- Deep penetration

10%
A single aeration event typically affects less than 10 percent of the putting surface.

Healthy Putting Greens

Aeration:

- Improves water infiltration (internal drainage)
- Oxygenates the soil
- Removes thatch (*core aeration only)
- Encourages root growth
- Stimulates microbial activity (soil health)
- Alleviates compaction
- Facilitates root zone improvement
- Promotes recovery from stress

Ideal Timing

Creeping bentgrass and annual bluegrass (Poa annua)

Spring, late summer, early fall
April-May and August-September

Warm-season turfgrass (e.g., bermudagrass)

Summer
June to August.

Soil temps consistently above 55 F, ideally between 60-65 F

Soil temps 75+ F

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Course Aerification

Just a reminder that we will be closed for aerification Tuesday the 14th & Wednesday the 15th.

If you're wondering what aerification does and why we have to do it, check out this info - [link from the USGA.](#)



September 2021

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2 TUNES on the Terrace Ladies Day	3 Men's Guest Day	4
5	6	7	8	9 TUNES on the Terrace Aloha Bella	10 Aloha Bella Quixote's Closed	11 Aloha Bella
12	13	14 Course Aerification	15 Course Aerification	16 TUNES on the Terrace Ladies Day	17 Rombauer Wine Dinner	18
19	20	21	22	23 TUNES on the Terrace Ladies Day	24	25 Men's Saturday Play
26	27	28	29	30 TUNES on the Terrace Ladies Day	Oct 2 Ladies' Solheim Cup	

Coming in October...

- Thursdays in September
- Tunes on the Terrace**
- Thursday, September 2nd
Ladies Day
- Friday, September 3rd
Men's Guest Day
- September 9th - 11th
Catta Bella
- Tuesday, September 14th
Course Aerification
- Thursday, September 16th
Ladies Day
- Friday, September 17th
Rombauer Wine Dinner
- Thursday, September 23rd
Sierra Gold Match Play
- Saturday, September 25th
Men's Saturday Play
- Thursday, September 30th
Ladies Day
- Saturday, October 2nd
Ladies Solheim Cup